

ALLERVISION | Medications Guide

Your Allervision Skin Test is the gold standard of testing. There are however medications that may interfere with the results of an allergy skin test. To ensure an accurate skin test please reference this list for the guidelines on medications that interfere with allergy testing and how to address them.

If your patients are currently on any of these medications for an active condition (i.e. urticaria, angioedema, anaphylaxis) you do not want to perform a skin test which could exacerbate those conditions. You can order your regional immunocap blood test where the results can easily be transferred to the AllerVision results form.

Antihistamines – Stop taking them 72 hours prior to the test.

H₁ antihistamines are receptor blockers that prevent histamine from binding to the receptors on the cells.

**Some of the more common ones –please reference our Antihistamine List for more.*

Actifed	Chlor-Trimeton	Elestat eye drops	Tylenol Allergy Sinus
Allegra (Fexofenadine)	Claratin (Loratadine)	Hismanal (Aztemizole)	Tylenol Cold and Flu
Astelin nasal spray	Clarinex	Optivar eye drops	Tylenol Flu Nighttime
Astepro nasal spray	Dimetapp	Patanase nasal spray	Vistaril
Atarax (Hydroxyzine)	Diphenylhydramine	Patanol eye drops	Xyzal
Benadryl	Dramamine/Meclizine	Tavist	Zyrtec (Cetirizine)

Antacid Medications- Stop taking these the evening prior to your skin test.

*Some antacid medications can also have an antihistamine effect. H₂ antihistamines block receptors in the stomach which helps to decrease the acid production. TUMS or ROLAIDS are fine as they simply counteract the acid itself.

Pepcid (Famotidine)	Zantac (Ranitidine)	Tagament (Cimetidine)
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Leukotriene blocking medications- Do not take on the morning of visit.

*Leukotriene antagonists primarily work locally within the lungs and brachia to reduce respiratory inflammation. They may have a small antihistamine effect that could affect skin test results warranting an immunocap blood test to confirm if results appear inhibited. Avoid taking 2-3 hours prior to test.

Singulair (Monteleukast)	Zyfo (Zileuon)	Accolate (Zafirlukast)
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Asthma inhalers –These DO NOT interfere with allergy testing, continue taking as prescribed.

*Asthma inhalers work as bronchodilators to release smooth muscle tension in the lungs.

Advair	Asmanex	Dulara	Pulmicort
Aerobid	Atrovent	Duoneb	Qvar
Albuterol (Proair, Proventil, Ventolin)	Azmacort	Flovent (Fluticasone)	Symbicort
Alvesco	Combivent	Maxair	Xoponex (Ivalbuterol)

Corticosteroid Nasal Sprays -These DO NOT interfere with allergy testing, continue taking as prescribed.

Flonase (Fluticasone)	Nasocort	Omnaris/Zetonna (Ciclesonide)	Rhinocort
Nasalide	Nasonex	QNASL	Veramyst

Beta Blockers- These DO NOT affect the skin test. However, if the patient is on a beta blocker, postpone the skin test until 24 hours after the last dose of their beta blocker or perform a blood test if they cannot come off. They can resume 30 minutes post skin test. **This is an anaphylaxis risk safety measure** (See the Beta Blockers list)

Oral Steroids –High doses and long term use of oral steroids such as 20 mg prednisone or 16 mg of medrol per day may also affect a skin test results, order a regional immunocap blood test instead. Short term and small doses should have no effect on the skin test.

Tricyclic Anti-Depressants -these medications may (rarely) interfere with skin testing results. If your patients are taking these medications and results are suppressed an immunocap blood test may be warranted to confirm the results and to avoid disrupting the patient's treatment regimen.

Amitriptyline (Elavil, Endep, Triavil)	Desipramine (Norpramin)	Nortriptyline (Pamelor)	Seroquel
Limbitrol	Doxepin (Sinequan, Adapin)	Phenegren /Compazine	Trazodone
Amoxapine (Asendin)	Imipramine (Tofranil)	Protriptyline (Vivactil)	Trimipramine (Surmontil)
Clomipramine (Anafranil)			

ALLERVISION | *Antihistamines*

This list may not include all antihistamines on the market. If you are unsure of the class of a patient's medication or require a comprehensive list, consult the PDR. Brand names are listed first with generic names in parenthesis.

Accuhist (Chlorpheniramine, Phenylephrine)
Actifed (Triprolidine)
Aldex AN (Doxylamine)
Alavert (Loratadine)
Allegra (Fexofenadine)
Antivert (Meclizine)
Astepro (Azelastine - Dispensed as a Nose Spray)
Astelin (Azelastine - Dispensed as a Nose Spray)
Atarax (Hydroxyzine)
Benadryl (Diphenhydramine)
Bonine (Meclizine)
Bromfed (Brompheniramine)
Chlor-Trimeton (Chlorpheniramine)
Clarinex (Desloratadine)
Claritin (Loratadine)
Dimetane (Brompheniramine)
Dramamine (Dimenhydrinate)
Dura-Vent (Loratadine)
Extendryl (Methscopolamine)
Kronofed (Phenindamine)
Meni-D (Meclizine)
Naldecon (Chlorphen-Phenyltolox)
Nolahist (Promethazine)
Nolamine (Pyrilamine)
Nytol (Diphenhydramine)
PBZ (Tripelenamine)
Palgic (Carbinoxamine)
Pamine (Methscopolamine)
Pannaz (Chlorpheniramine, Phenyl-propanolamine, Methscopolamine Nitrate)
Patanase (Olopatadine – Dispensed as a Nose Spray)
Periactin (Cyproheptadine)
Phenergan (Promethazine)
Poly-Histine (Phenyltoloxmine)
Rynatan (No Generic)
Seldane (Terfenadine)
Semprex (Acrivastine)
Sinulin (Acetaminophen, Chlorpheniramine, Phenylpropanolamine)
Sominex (Diphenhydramine)
Tavist (Clemastine)
Trinalin Repetabs (n/a)
Tussionex (Chlorpheniramine, Hydrocodone)
Tylenol Allergy (Chlorpheniramine)
Unisom (Doxylamine)
Vistaril (Hydroxyzine)
Xyzal (Levocetirizine)
Zyrtec (Cetirizine)

ALLERVISION | *Beta Blockers*

Review the patients' medical history for beta blockers. **Do not skin test if the patient is on a beta blocker-** postpone the skin test until **24 hours** after the last dose of their beta blocker or perform a blood test. They can resume 30 minutes post skin test.

Patients taking a beta blocker cannot receive allergy injection treatment.

This list may not include all beta blockers currently on the market. If you are unsure of the class of a patients' medication or require a comprehensive list, consult the PDR.

GENERIC Name	BRAND Name
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• Acebutolol	• Betagan®
• Atenolol	• Betapace®
• Betaxolol	• Betimol®
• Bisoprolol	• Betoptic®
• Carvedilol	• Blocadren®
• Carteolol	• Brevibloc®
• Esmolol	• Bystolic®
• Labetalol	• Coreg®
• Levobunolol	• Coreg CR®
• Metipranolol	• Corgard®
• Metoprolol	• Inderal®
• Nadolol	• Inderal LA®
• Nebivolol	• InnoPran XL®
• Penbutolol	• Istalol®
• Pindolol	• Kerlone®
• Propranolol	• Levatol®
• Sotalol	• Lopressor®
• Timo	• OptiPranolol®
	• Ocupress®
	• Sectral®
	• Sorine®
	• Tenormin®
	• Timoptic®
	• Toprol-XL®
	• Trandate®
	• TSectral®
	• Visken®
	• Zebeta®